



Community Mental Health Center

**Sherry Glasnapp, LMHP**  
**Director, Douglas County CMHC**

2019



# Mission

To provide hope by offering high quality, comprehensive mental health care for the underserved of Douglas County



# Vision

To provide the highest quality  
mental health services in the  
community



# Values

Care that instills hope and is...

- Patient Centered
- Respectful
- Accessible
- Culturally Competent
- Economically Responsible



# Psychiatric Inpatient Services

- 8-Bed Psychiatric ICU
- 8-Bed General Adult Inpatient Unit



# Psychiatric Outpatient Services

- Day Treatment
- Outpatient Medication Management
- Outpatient Therapy
- Intensive Outpatient Program
- Substance Abuse Evaluations
- Triage Therapy
- Peer Support Services
- Pharmacy (Douglas County Health Center)



# Psychiatric Outpatient Services located at Douglas County Corrections

- Mental Health Diversion Program
- Intensive Pre-Release and Transitional Services
- Reasoning and Rehabilitation
- Intensive Outpatient Program



# Social Detoxification Services

- 26 bed facility located at 1490 North 16<sup>th</sup> Street
- 10 bed for involuntary Civil Protective Custody
- 16 bed voluntary services

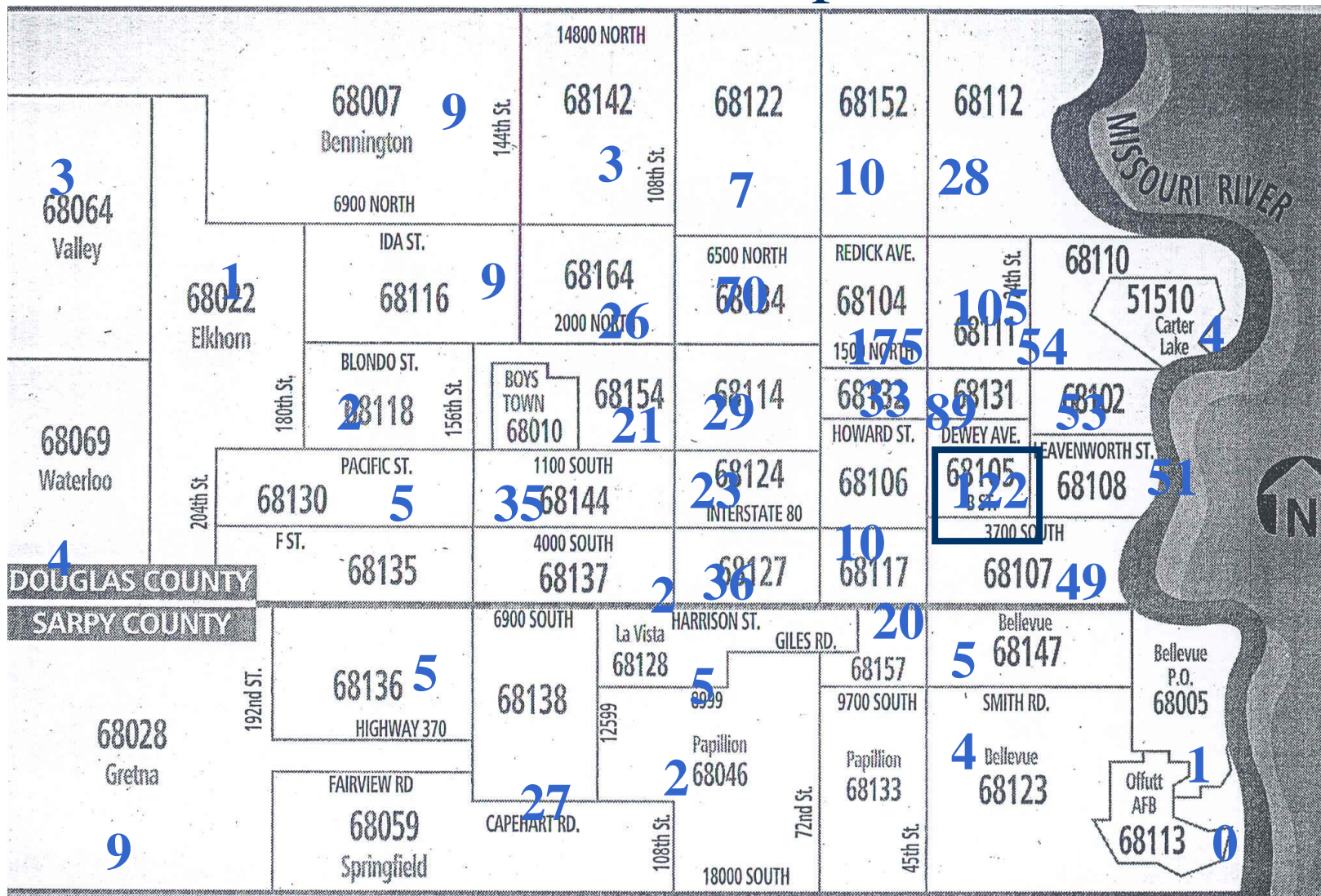




# Facilities

- 20,651 square feet (5<sup>th</sup> floor DCHC and ground floor clinic)
- 400 Square Feet at Corrections
- Social Detoxification located at Campus for Hope

# CMHC Outpatients ZIP Code Report





# Recent Accomplishments

- **Successful National re-accreditation survey (3 years)**
- **Successful CARF accreditation (3 years)**
- **Secured on-going funding for Intensive Outpatient Program located within CMHC and within Douglas County Corrections Re-Entry Program**
- **Ongoing successful development of the Electronic Health Record to be implemented July 1, 2019**



# Challenges

- **1 in 5 individuals in Nebraska experience a Behavioral Health Concern**
- **Provider reimbursement does not cover the cost of services**

(Division of Behavioral Health Cost Study)

- **Lack of appropriate treatment options**
- **Complexity of patient population**  
(mental health, substance use, medically compromised)
- **Facility design elements to address the needs of behavioral health patients**
- **Preparing for Medicaid Expansion**



# Goals

- Meet Center for Medicare and Medicaid Services (CMS) Condition of Participation Regulations
  - Ligation Assessment and Plan of Correction
- Maintain Social Detoxification Services (voluntary and involuntary)
- Fully integrated Outpatient Clinic
- Engage in a plan to address the intercept between behavioral health and corrections



# Summary

- The CMHC looks forward to continuing its 126 year tradition of providing high quality, cost effective mental health care to the underserved of Douglas County
- The CMHC is actively supporting Nebraska's efforts in developing excellence in behavioral health care



# QUESTIONS/COMMENTS